

# FLO FORWARD

New Delhi • FLO National • April 2024

## —FROM THE DESK OF— FLO PRESIDENT

Dear Friends,

*It has been a month since I assumed the role of President of FICCI FLO, and I am grateful for the opportunity to lead this remarkable organization. Our theme for 2024-25, "Collective Vision, Collaborative Action," has already begun to shape our efforts, and I am inspired by the progress we have made together.*

*I am pleased to present the first edition of FLO FORWARD, our monthly update highlighting the impactful work done by FLO across India. In this short time, we have witnessed the power of collaboration as we work towards building a strong, inclusive community for sustainable progress.*

*As we move forward, our commitment towards making FLO an aspirational organization for women across the country remains unwavering. I believe that together, we can achieve great things and create a more inclusive and empowered society.*

*Thank you for your continued support and dedication. I look forward to the journey ahead and to achieving our collective vision through collaborative action.*

*Warm regards,*

Joyshree Das Verma  
National President, FICCI FLO



**“** Our Endeavor is to build a strong, inclusive community dedicated to sustainable progress, fostering individual growth, and inspiring impactful change. Empowering women is not just a goal; it is a shared vision that requires collaborative action. We will collectively pave the way for a future where every woman can thrive and succeed. **”**

# FLO IMPACT

NATIONAL



## FLO FINANCIAL LITERACY

*Virtual Session on “Unicorn Dreams: Transforming Your Home-Grown Business into a Billion-Dollar Venture”, organized in collaboration with ICAI*  
*April 9, 2024*

*The speaker for this session was CA Umesh Sharma, Central Council Member and Head of Financial & Tax Literacy.*



## FLO DIGITAL SKILLING

*Virtual Session on “Stay ahead of Threats”, by Ms Sanjana Rathi, CEO and Founder, The Cyber Diplomat*  
*April 18, 2024*

*Participants learned about common cyber threats and how to recognize and mitigate them.*

# FLO IMPACT

NATIONAL



Seed Spark  
FICCI FLO  
STARTUP

STANFORD SEED SPARK SELECTED COHORT

Chandini Agarwal Yoghour Collectives LLP FLO Hyderabad Chapter	Dv Chandni Rallan Circon Technologies Pvt Ltd FLO Chennai Chapter	Dolly Arora Ika Aam Essentials Private Limited FLO Lucknow Chapter
Garima Sehgal GARIMA HAND PRINTS FLO Agra Chapter	Pinky Maheswari SURPRISE SOMEONE FLO Jaipur Chapter	Pratibha Puth Makam Adventures Foods Pvt Ltd FLO Bangalore Chapter
Raina Singhal Marwicklow Studio Former name: Tresence OPC Pvt Ltd FLO Bangalore Chapter	Savanya Lohia Agarwal Skinbani Dermatology Private Limited FLO Delhi Chapter	Seema Saroj ROOVEDAA FLO Mumbai Chapter
Shradha Mehta Jain HIVADO FLO Bengaluru Chapter	Shreeta Shandilya Tiwaa Farms LLP FLO Lucknow Chapter	Vijayalakshmi Suvarna Liberation Coaches Pvt. Ltd. FLO Mumbai Chapter
Kohima Dharmihamia FLO Jaipur Chapter		

## FLO STARTUP CELL

*FLO has partnered with **Stanford Seed Spark** to provide our members with exceptional opportunities for growth. This collaboration is part of FLO Start Up Cell, a national initiative dedicated to supporting startups and fostering entrepreneurship.*

*13 FLO members have been selected for the prestigious Stanford Seed Spark Programme. This programme delivers essential business training to early-stage entrepreneurs in collaboration with incubators, accelerators, and other organizations.*

# FLO National Collaborations, Partnerships & Associations

## AWE TECH SPARK PROGRAMME

*FICCI FLO has collaborated with Strong Her and the US Consulate, Mumbai for the AWE Tech Spark Program, which was available for five FLO chapters- Mumbai, Pune Indore, Ahmedabad, and Vadodara. This game-changing initiative offers early-stage, women-led tech startups the ultimate launchpad to skyrocket their businesses across two major markets – India and the US.*

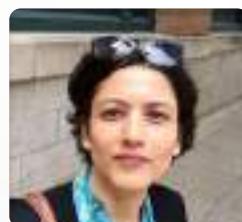
*13 FLO entrepreneurs from Mumbai, Ahmedabad, Ludhiana, and Indore have been selected to participate in this program.*



SEEMA SAROJ  
LA ALLURE LLP  
MUMBAI CHAPTER



SHALINI LUNKAD  
CIELO  
MUMBAI CHAPTER



SHEFALI AGARWAL  
SANOMD, LLC  
MUMBAI CHAPTER



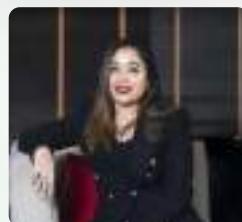
ASHA VAGHASIA  
SAMBAR MINDTECH  
PRIVATE LIMITED  
MUMBAI CHAPTER



AAYUSHI AGARWAL  
DESIGN MADE DESIGN  
MUMBAI CHAPTER



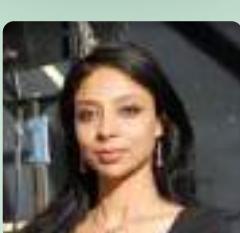
POOJA MAKIJA  
&  
UJJWALA MAKIJA  
LA ALLURE LLP



POOJA ARAMBHAN  
IIV HEALTH SOLUTIONS PVT  
LTD  
MUMBAI CHAPTER



NAMRATA THAKKER  
HAPPY SOUL  
MUMBAI CHAPTER



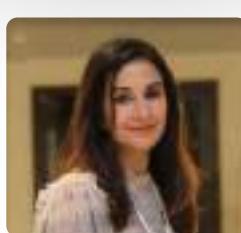
MADHUREETA ANAND  
PHREE FOR SAFETY  
MUMBAI CHAPTER



MAMTA BAKLIWAL  
EMPOWER SOLUTIONS  
INDORE CHAPTER



SIMRAN KAUR  
SD COSMECEUTIC  
LUDHIANA CHAPTER



SONAL AMBANI  
CAPTAIN BANKER  
AHMEDABAD CHAPTER



MONEESHA JASUBHAI  
SIJCON CONSULTING  
AHMEDABAD CHAPTER

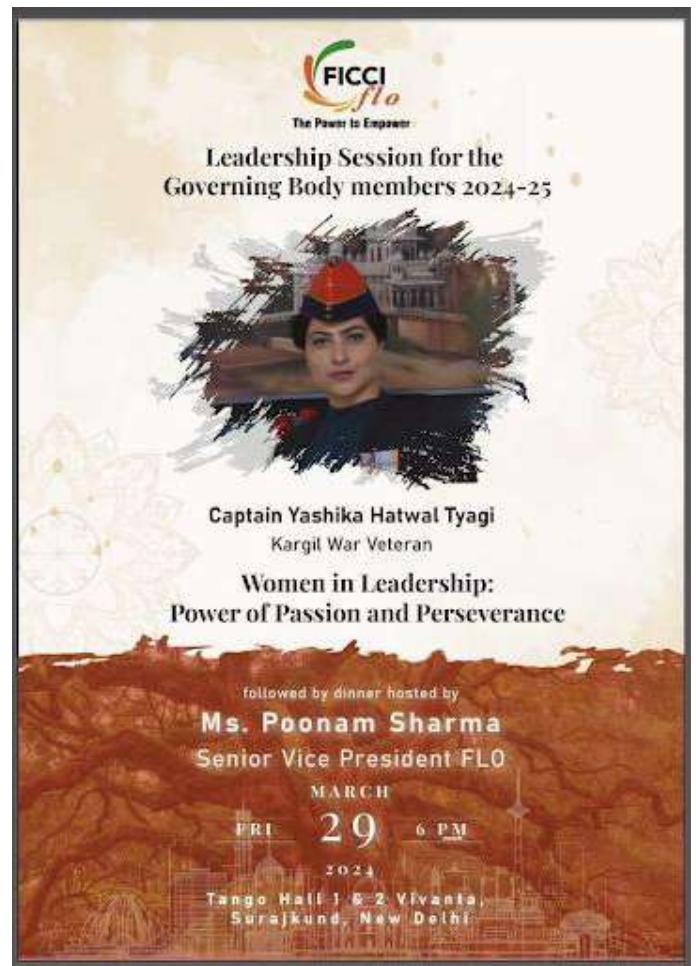


## 1st Governing Body Meeting 2024-25 at Vivanta Surajkund

MARCH 30, 2024

## Leadership Session by Captain Yashika Hatwal Tyagi at Vivanta Surajkund

MARCH 29, 2024



# Orientation Meet for the Launch of 20th FLO Chapter at Siliguri, West Bengal

APRIL 6, 2024

*The event witnessed enthusiastic participation from over 70 accomplished women, representing diverse businesses and professions. It provided a platform to familiarize the participants with FLO's vision, objectives, and initiatives, inspiring them to become part of a larger community dedicated to women's empowerment.*



## MEETINGS



*Meeting with Dr. M Beena, Commissioner Textiles, to explore synergies to empower artisans and seeking the support of Textile Ministry for Anshukam, the upcoming flagship event in September 2024*

# MEETINGS

*Meeting with Ambassador Juris Bone and Deputy Head of Mission Marks Deitons. The meeting aimed to foster collaboration between FICCI FLO and other organizations, including women entrepreneurs in Latvia, to enhance trade engagements. The meeting also discussed the upcoming Business Delegation visit to Finland, Sweden, Latvia, and Estonia in August 2024*



*Meeting with Mr. Anurag Singh Thakur, Union Minister for Information & Broadcasting and Youth Affairs & Sports, Government of India to explore synergies and working together with the Ministry towards women empowerment*



## 1st Networking Session 2024-25, hosted by Governing Body Member, Sunita Kanoria

APRIL 3, 2024



**FLO President Joyshree Das Verma** shared her vision for the year and the strategy for its implementation through a series of events, activities, and national initiatives. 50 members were given the opportunity to speak about their business interests. It was followed by a special performance by renowned singer and **Padma Bhushan awardee, Ms. Usha Uthup.**

APRIL 11, 2024



*Women entrepreneurship conclave ignites innovation at IIT Guwahati, in collaboration with Technology Innovation Hub (TIH) at IIT Guwahati and the Embassy of Israel in India*

# Honouring the Honourables: Celebrating Two Decades of YFLO

APRIL 23, 2024



*The program was hosted by **Namita Gautam**, Past President FLO and Founder of YFLO, in collaboration with YFLO Delhi. Twenty Past Chairs of YFLO Delhi were felicitated, honouring their contributions to the organization's growth and success over the years.*

*The event was graced by esteemed dignitaries, including Chief Guest **Bansuri Swaraj**, Guest of Honour **Mr. SK Pathak**, Secretary General of FICCI, and **Jyotsna Das Verma** President, FLO.*

# Virtual Session on FICCI B2B PORTAL: A value-add service to FICCI FLO Members

APRIL 22, 2024



The Power to Empower

## Join Virtual Session on FICCI B2B PORTAL

Gateway to unlimited Business Opportunities

Monday  
22nd April, 2024

3 - 4 pm

Online

**Global Business Network**

A hand holds a glowing blue globe, with a network of lines connecting it to several smaller circular icons. These icons represent various business sectors: a bar chart with a red arrow, a factory or office interior, a person working on a laptop, a globe with a network of lines, and a landscape with a road and people.

+91 9910911770

anshu.gupta@ficci.com

Scan Code  
to Register

The session aimed to introduce FLO members to the manifold opportunities available through the cutting-edge B2B portal developed by FICCI. FICCI SG, Mr Shailesh Pathak addressed the members and talked about the portal and presented an overview of the FICCI B2B Portal's features and functionalities.

# Panel Discussion on "Women Mean Business", organized by the FICCI Startup Committee in collaboration with FICCI FLO and FIIT- IIT Delhi at Research & Innovation Park , IIT Delhi Campus.

APRIL 23, 2024



***Joyshree Das Verma, President of FICCI FLO and Rohit Bansal, Chairman FICCI Start Up Committee, addressed the session.***

*The panelists were:*

- ***Ghazal Alagh*** , Co-Chair, FICCI Startup Committee & Co-founder Mamaearth
- ***Rashi Narang*** , Founder, Heads Up for Tails
- ***Dr. Aarti Gupta***, CIO, Anikarth Ventures and National Head FICCI FLO Startup Cell

# Andaz-e-Bhopal, the first-ever retreat of FLO Delhi Members

APRIL 26- 28, 2024



*This retreat was a unique opportunity for networking, bonding, and celebrating the spirit of collaboration, all set against the picturesque backdrop of the **City of Lakes and City of Begums, Bhopal.***

# Sectoral Meetings with Members

APRIL 2024



*Three sectoral meetings were held in April 2024, focusing on members from the **Manufacturing**, **Gems & Jewellery**, and **Professionals** sectors. These meetings provided a platform for members to engage with FLO President **Ms. Joyshree Das Verma**, share their business ideas, and explore collaboration opportunities.*

# PARTNERSHIPS & COLLABORATIONS

## MoU with Mitti Café: For Skilling & Employability for specially – abled

APRIL 23, 2024

*Building on our past collaboration at key locations like Delhi's Supreme Court, Mumbai's Terminal 2, and Amritsar, FLO has extended the MoU with Mitti Social Initiative Foundation (MSIF) to support their chain of 'Mitti Cafes', inspirationally run by specially-abled staff in the presence of Past Presidents Jayanti Dalmia and Neeta Boochra, along with Governing Body Members.*



# PARTNERSHIPS & COLLABORATIONS



## MoU with NIIT Foundation

APRIL 24, 2024

*For enhancing livelihoods and upskilling women and girls across urban and rural sectors.*

# FLO IMPACT

## AHMEDABAD CHAPTER



*FLO Ahmedabad visited Muli village to work towards reviving Tangaliya weaving tradition practiced by the Bharwad community, which faces extinction despite its 700-year history. To revive this heritage, FLO Ahmedabad plans to work with 50 artisans spread across 40 villages and raise awareness, provide training, collaborate with designers, establish a marketing network, and offer financial support, ensuring the survival and appreciation of the Tangaliya craft for generations to come.*

## BANGALORE CHAPTER



*The Vidya Center of Excellence for Women has launched a skilling initiative, under which 50 women were trained in Mehendi Art and 250 women in Digital Literacy. Actor and philanthropist Sonu Sood has endorsed FICCI FLO Bangalore's support for these skilling initiatives.*

*Self-Defense training was organised for 100 housekeeping staff at Embassy Grove and ongoing training at RMZ Galleria Mall and Residences*



# FLO IMPACT

## HYDERABAD CHAPTER



*The EduSkill team at FLO Hyderabad organized a successful counselling session of 100 girls on stress-free examination preparation at Mahboobia Government Girls High School.*

*A digital Ready Reckoner of MSME Schemes was launched to enhance awareness about women-specific schemes offered by the MSME department, Hyderabad.*



# FLO IMPACT

## YFLO HYDERABAD



*G-Insight: Google Spark program for Fuelling Empowerment and Growth at Google Office in Hyderabad, under Digital Skilling Initiative*

## INDORE CHAPTER

*Swavlamban- FLO Indore launched a girls batch of 40 students, for full time software skilling and training. To empower these girls students, FLO Indore signed a MoU with InfoBeans Foundation, the philanthropic arm of InfoBeans.*



# FLO IMPACT

## JAIPUR CHAPTER



*The Jaipur Chapter MSME initiative has made significant strides in skill development by establishing a dedicated skilling center for merchandising and pattern making workshops. The introduction of Digital Labs across various sectors has empowered women with essential digital literacy skills. Through a series of events and workshops, practical skills training has been provided, impacting the lives of 27 individuals.*

## JAMMU-KASHMIR & LADAKH CHAPTER

*A delegation of 30 prominent FLO members visited Basohli in collaboration with UMEED JKRLM, with the objective of promoting Basohli's rich cultural heritage as a tourist destination, along with an interaction with 100 women artisans from self-help groups, focused on enhancing livelihood opportunities.*



# FLO IMPACT



*Marathon'24 RUN4HEALTH to raise funds for TB Eradication, with over 1000 participants*

## KANPUR CHAPTER

*FICCI FLO Kanpur signed an MOU with **Nagar Nigam**, signifying strengthened collaboration for promoting digital literacy*



***Project Pankh**, a Menstruation Awareness Drive, empowered 86 schoolgirls with essential knowledge about menstrual hygiene, followed by distribution of sanitary napkins*

# FLO IMPACT



## Urban and rural digital literacy initiative

- *Strategic meetings with Nagar Nigam School Principals to kickstart the Digital Literacy Programme in 8 identified schools.*
- *Successful launch of the Rural Digital Literacy Initiative, with 30 girls enrolled and equipped with essential digital skills.*
- *Premanjali Foundation sponsored 10 laptops for schools without computer labs, and collaboration with NIIT Foundation to drive the agenda forward.*

## MUMBAI CHAPTER



*Fundraiser for medical rehabilitation of children with cancer.*

# FLO IMPACT



## FLO MSME Assist Cell Initiative – Session on Demystifying MSMEs

*A long-term partnership was signed with Zhep to conduct regular sessions addressing crucial issues like GST certification, ONGC registration, finance and policy.*

## PUNE CHAPTER



*Visit to Uruli Kanchan to promote Rural Livelihood was a part of the MOU signed with BAIF under the FLO Rural Livelihoods Initiative, facilitated by Ritu Prakash Chhabria , Head of the National Initiative.*

# FLO SPOTLIGHT

## FLO NATIONAL INITIATIVE TEAMS 2024-25

### FLO FINANCIAL LITERACY

**National Head:**

- CA Shubhra Maheshwari, Governing Body Member

**National Team:**

- Simran Chhabra
- Smitha Gooda
- Bhavani Mujakari
- Rashmi Doshi

### FLO DIGITAL SKILLING

**National Head:**

- Reshma Patel, Governing Body Member, FLO

**National Team:**

- Pooja Chauhan, Governing Body Member, FLO
- Ritu Singh, Governing Body Member, FLO
- Ritu Das, Governing Body Member, FLO
- Shikha Sareen, Governing Body Member, FLO
- Priya Goutham, Governing Body Member, FLO

### FLO MSME ASSIST CELL

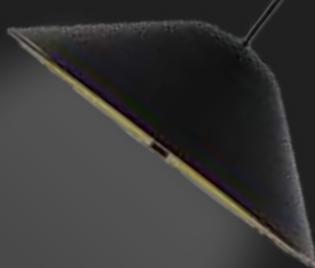
**National Head:**

- Sucheta Shah, Governing Body Member

**National Team:**

- Usha Rani Manne, Governing Body Member, FLO
- Ritu Singh, Governing Body Member, FLO
- Devika Ramesh, Governing Body Member, FLO
- Ruby Garg, Governing Body Member, FLO
- Rachana Maheswari

# FLO SPOTLIGHT



## FLO NATIONAL INITIATIVE TEAMS 2024-25

### FLO HANDLOOM, TEXTILE & HANDICRAFTS

#### ***National Heads:***

- Roopa Patel & Swati Verma, Governing Body Members, FLO

#### ***National Team:***

- Madhuri Halwasiya, Governing Body Member, FLO
- Revathi Raju, Governing Body Member, FLO
- Annanya Sharma
- Arti Mittal

### FLO FASHION & JEWELLERY

#### ***National Head:***

- Anjali Agarwal, Governing Body Member, FLO

#### ***National Team:***

- Lubeina Shahpurwala, Governing Body Member, FLO
- Nidhi Goel
- Pooja Khemka
- Rajmati Binaykia
- Ritika Sarna
- Ambar Pariddi Sahai

### FLO LEGAL & ADVOCACY

#### ***National Head:***

- Reena George, Governing Body Member, FLO

#### ***National Team:***

- Swati Mayekar, Governing Body Member, FLO

# FLO SPOTLIGHT

## FLO NATIONAL INITIATIVE TEAMS 2024-25

### FLO POLICY INITIATIVES

***National Head:***

- Poonam Mahajan, Governing Body Member, FLO

### FLO START UP CELL

***National Head:***

- Aarti Gupta, Governing Body Member, FLO

***National Team:***

- Pooja Arambhan, Sr Vice Chairperson, FLO Mumbai
- Priya Goutham, Governing Body Member, FLO
- Priyanka Gulati, Governing Body Member, FLO
- Aanchal Sethi
- Archana Doshi
- Shuchita Gupta
- Simran Sahni
- Jyothi Thomas

### FLO WOMEN CORPORATE DIRECTORS

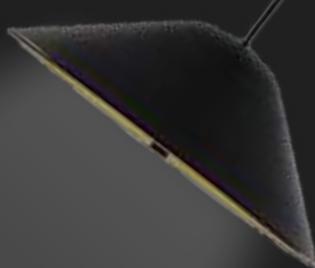
***National Head:***

- Suguna Ravichandran, Governing Body Member, FLO

***National Team:***

- Usha Rani Manne, Governing Body Member, FLO
- Revathi Raju, Governing Body Member, FLO
- Poonam Bafna, Governing Body Member, FLO

# FLO SPOTLIGHT



## FLO NATIONAL INITIATIVE TEAMS 2024-25

### FLO BUSINESS EXCHANGE

***National Head:***

- Pooja Gupta, Governing Body Member, FLO

### FLO RURAL LIVELIHOOD & RURAL ENTREPRENEURSHIP

***National Head:***

- Ritu Prakash Chhabria, Governing Body Member, FLO

### FLO MEMBERSHIP DRIVE & MEMBERSHIP ENGAGEMENT

***National Head:***

- Minal Jain, Governing Body Member, FLO

### FLO PARTNERSHIPS, COLLABORATIONS & ASSOCIATIONS

***National Head:***

- Archana Khosla Burman, Governing Body Member, FLO

***National Team:***

- Priyanka Gulati, Governing Body Member, FLO
- Rashmi Sarita, ED, FLO
- Priya Goutham, Governing Body Member, FLO
- Ami Sampat
- Sheetal Desai
- Ruchita Taneja Aggarwal

# FLO SPOTLIGHT

## FLO NATIONAL INITIATIVE TEAMS 2024-25

### FLO TRADE & DELEGATIONS

#### ***National Head:***

- Lubeina Shapurwala, Governing Body Member, FLO

#### ***National Team:***

- Uma Chirugapati, Governing Body Member, FLO
- Swati Mayekar, Governing Body Member, FLO
- Renu Kapoor, Governing Body Member, FLO

### FLO FEST

#### ***National Team:***

- Malvika Rai, Past President FLO
- Ritu Vadehra, Governing Body Member, FLO
- Rekha Lahoti, Governing Body Member, FLO
- Neelam Seolekar, Governing Body Member, FLO
- Sabina Sanghvi, Governing Body Member, FLO
- Dr Aarti Gupta, Governing Body Member, FLO
- Poonam Mahajan, Governing Body Member, FLO
- Radhika Dalmia, Imm. Past Chair, FLO Kolkata
- Komal Batra, Past Chair, FLO Uttarakhand

# BUSINESS PROMOTIONS



An advertisement for Entrust Financial Services. It features a group of people running on a beach. The text "Craft Your Legacy with Entrust" is prominently displayed, followed by "Preserving and Enhancing Wealth Across Generations". Below this, it says "Entrust offers a tailored suite of services designed for the unique needs of India's ultra-high net worth families. Expertise spans legacy management and strategic growth of your assets, handled with utmost confidentiality and precision." It lists services: CREATING LEGACY, FAMILY OFFICE, PORTFOLIO MANAGEMENT, LEGACY REAL ESTATE ASSETS, and SERVICES. The Entrust logo is at the bottom right.

An advertisement for a business promotion. It features a crown icon and the text "GET MORE SALES, LEADS AND FOOTFALL". Below this are four circular icons representing different services. The text "Booking Hotel high rates in 24 hours with us" is followed by "EXPEDIA BANGLA". A large image of a woman smiling is on the left, and a QR code is at the bottom.

An advertisement for a restaurant. The top part features the word "AVICUS". Below it are several images: a night view of a building, a person working in a kitchen, a bowl of food, and a close-up of a dish. Text on the right includes "Where Latin Soul Meets Culinary Artistry", "Come enjoy Avicus Restaurant's Taste of Medieval Latin American in New Delhi", and "Cuisine: Latin American, Argentine, Peruvian &amp; Cuban".

FOR BUSINESS PROMOTIONS , PLEASE CONTACT:

Anshu Gupta  
Sr. Assistant Director, FLO  
Email: [anshu.gupta@ficci.com](mailto:anshu.gupta@ficci.com)

# FLO CHAPTERS

## EXECUTIVE COMMITTEE 2024-25

AHMEDABAD FLO	NAME
CHAIRPERSON	KIRAN SUNIL SEWANI
SR. VICE CHAIRPERSON	MADHU BANTHIA
VICE CHAIRPERSON	USHA JAISWAL
TREASURER	YOGITA SETHI
JT. TREASURER	SACHI JOHARI
SECRETARY	AMY SONPAL
JT. SECRETARY	PALAK SHAH
IMM PAST CHAIR	ADITI PAREKH

AMRITSAR FLO	NAME
CHAIRPERSON	DR. SIMARPREET V SANDHU
SR. VICE CHAIRPERSON	MANPREET KAUR
VICE CHAIRPERSON	TANNYA KHANNA
TREASURER	DRISHTI KHURANA
JT. TREASURER	ARVEENA SONI
SECRETARY	HARSIMRAN SARAI
JT. SECRETARY	ASHNA KEDIA
IMM PAST CHAIR	HIMANI ARORA

# FLO CHAPTERS

EXECUTIVE COMMITTEE 2024-25

BANGALORE FLO	NAME
CHAIRPERSON	DR. NUPUR HANNA
SR. VICE CHAIRPERSON	DEKYI YANGTSO CHAWLA
VICE CHAIRPERSON	DEEPA BOOPESH REDDY
TREASURER	PAYAL BHATE
JT. TREASURER	NIDHI RATHI
SECRETARY	HENNA KALRO
JT. SECRETARY	SHARDA RAMANJ
IMM PAST CHAIR	MEHAK MEHRA

BHUBANESWAR FLO	NAME
CHAIRPERSON	RASHMI SAHOO
SR. VICE CHAIRPERSON	PRANGYAN PARAMITA MISHRA
VICE CHAIRPERSON	PANCHAMI MANOO UKIL
TREASURER	APARNA MISHRA
JT. TREASURER	SONIA GUGNANI
SECRETARY	SHRABANI PATNAIK
JT. SECRETARY	GUNJAN CHANDAK
IMM PAST CHAIR	POONAM MOHAPATRA

# FLO CHAPTERS

## EXECUTIVE COMMITTEE 2024-25

CHENNAI FLO	NAME
CHAIRPERSON	DIVYA ABHISHEK
SR. VICE CHAIRPERSON	NIYATI A MEHTA
SECRETARY	RADHIKA AGARWAL
JT. SECRETARY	SANDHYA RAJAN
JT. SECRETARY	AMULYA RAO ATLURI
TREASURER	VEENA VENKATRAMANI
JT. TREASURER	KEERTHANA CHANDRASEKARAN
IMM PAST CHAIR	RAJI RAJU

COIMBATORE FLO	NAME
CHAIRPERSON	MEENA SWAMINATHAN
SR. VICE CHAIRPERSON	APARNA SUNKU
VICE CHAIRPERSON	PARNIKA GUPTA
TREASURER	MANJULA ILANGO
SECRETARY	NIDHI GUPTA
JT. SECRETARY	RAMA MUNUKUR
IMM PAST CHAIR	RAMA RAJASEKARAN

# FLO CHAPTERS

EXECUTIVE COMMITTEE 2024-25

HYDERABAD FLO	NAME
CHAIRPERSON	PRIYA DARSHINI GAZDAR
SR. VICE CHAIRPERSON	PRATIBHA KUNDA
VICE CHAIRPERSON	GADDAM SEETHA REDDY
TREASURER	SHILPA RAJU
JT. TREASURER	SUDHA NALLAPARAJU
SECRETARY	SUJITHA CHITYALA
JT. SECRETARY	RASHI AGARWAL
IMM PAST CHAIR	RITU SHAH

INDORE FLO	NAME
CHAIRPERSON	AR VIBHA JAIN SETHI
SR. VICE CHAIRPERSON	SHWETA AGRAWAL
VICE CHAIRPERSON	VANDANA GUJARATI
TREASURER	GARJANA RATHORE
JT. TREASURER	NEHA FIRODA
SECRETARY	GINNY CHHABRA
JT. SECRETARY	RICHA SANCHETI
IMM PAST CHAIR	MAMTA BAKLIWAL

# FLO CHAPTERS

## EXECUTIVE COMMITTEE 2024-25

JAIPUR FLO	NAME
CHAIRPERSON	RAGHUSHREE PODDAR
SR. VICE CHAIRPERSON	RIMMI SHEKHAWAT
VICE CHAIRPERSON	VRINDA KOTHARI
TREASURER	NEHA ARORA
SECRETARY	RUCHIKA DHOOT
IMM PAST CHAIR	NEHA DHADHA

JAMMU, KASHMIR & LADAKH FLO	NAME
CHAIRPERSON	RUCHIKA GUPTA
SR. VICE CHAIRPERSON	AARTI CHOWDHARY
VICE CHAIRPERSON	VARSHA BANSAL
TREASURER	SONA MEHTA
JT. TREASURER	POOJA GANDOTRA
SECRETARY	MONA SARAF
JT. SECRETARY	NANDITA BAJAJ
IMM PAST CHAIR	VARUNA ANAND

# FLO CHAPTERS

EXECUTIVE COMMITTEE 2024-25

KANPUR FLO	NAME
CHAIRPERSON	NALINI SANWAL
SR. VICE CHAIRPERSON	KRITI SHROFF
VICE CHAIRPERSON	ANKITA GARG
TREASURER	ARUSHI GARG TONDON
JT. TREASURER	NEHA GARG
SECRETARY	RUBBY CHAWLA
JT. SECRETARY	NEHA MAHANA PURI
IMM PAST CHAIR	SNEHA GUPTA

KOLKATA FLO	NAME
CHAIRPERSON	SHRADHA MURARKA
SR. VICE CHAIRPERSON	NIDHI JHUNJHUNWALA
VICE CHAIRPERSON	MANSI AGARWAL
TREASURER	VINITA MORE
JT. TREASURER	NEHA GARODIA
SECRETARY	MADHURI MANTRI
JT. SECRETARY	DEEPIKA MUNDHRA
IMM PAST CHAIR	RADHIKA DALMIA

# FLO CHAPTERS

## EXECUTIVE COMMITTEE 2024-25

LUCKNOW FLO	NAME
CHAIRPERSON	VIBHA AGGARWAL
SR. VICE CHAIRPERSON	VANDITA AGARWAL
VICE CHAIRPERSON	SWATI MOHAN
TREASURER	SMRITI GARG
JT. TREASURER	SHAMA GUPTA
SECRETARY	SIMRAN SAHNI
JT. SECRETARY	MITALEE OSWAL
IMM PAST CHAIR	SWATI VERMA

LUDHIANA FLO	NAME
CHAIRPERSON	ANAMIKA GHAI
SR. VICE CHAIRPERSON	SHWETA JINDAL
VICE CHAIRPERSON	SANAM MEHRA
TREASURER	AISHNI SETHI
JT. TREASURER	VASUDHA GUPTA
SECRETARY	AMAN SANDHU
JT. SECRETARY	MONIKA ARYA
IMM PAST CHAIR	ANKITA GUPTA

# FLO CHAPTERS

EXECUTIVE COMMITTEE 2024-25

MUMBAI FLO	NAME
CHAIRPERSON	AARMEEN MOGUL DORDI
SR. VICE CHAIRPERSON	POOJA ARAMBHAN
VICE CHAIRPERSON	SEEMA SAROJ
TREASURER	SHEETAL DESAI
JT. TREASURER	MEGHA SUHAS
SECRETARY	SAMINA KHORAKIWALA
JT. SECRETARY	HEENA SHAH
IMM PAST CHAIR	ARCHANA KHOSLA BURMAN

NORTHEAST FLO	NAME
CHAIRPERSON	SHWETA JINDAL
SR. VICE CHAIRPERSON	RASHMI MANCHANDA
VICE CHAIRPERSON	GEETIKA JAIN
TREASURER	SHEETAL AGARWAL
JT. TREASURER	MONU AGARWAL
SECRETARY	SHERRY SARAWGI
JT. SECRETARY	PHALGUNI CHOUDHURY
IMM PAST CHAIR	SANTASREE BHUYAN

# FLO CHAPTERS

## EXECUTIVE COMMITTEE 2024-25

PUNE FLO	NAME
CHAIRPERSON	PINKY RAJPAL
SR. VICE CHAIRPERSON	ANITA AGARWAL
VICE CHAIRPERSON	POONAM KOCHHAR
TREASURER	KAVITA PARWANI
JT. TREASURER	HARSHA KAUSAR
SECRETARY	SHARMILA BHRINGARWALA
JT. SECRETARY	KAREENA SHEWANI
IMM PAST CHAIR	REKHA MAGAR

UTTARAKHAND FLO	NAME
CHAIRPERSON	DR. CHARU CHAUHAN
SR. VICE CHAIRPERSON	DR. GEETA KHANNA
VICE CHAIRPERSON	TRIPTI BEHL
TREASURER	HARPREET KAUR MARWAHA
JT. TREASURER	NISHA THAKUR
SECRETARY	DR. MAANSI RASTOGI
JT. SECRETARY	GURKIRAN PATHAK
IMM PAST CHAIR	DR. ANURADHA MALLA

# FLO CHAPTERS

## EXECUTIVE COMMITTEE 2024-25

VADODARA FLO	NAME
CHAIRPERSON	AVNI S BHAYANI
SR. VICE CHAIRPERSON	SHIVANI PATEL
VICE CHAIRPERSON	SMITA JATIA
SECRETARY	AVNI A PATEL
JT. SECRETARY	AVANI S PATEL ( PINKY)
IMM PAST CHAIR	BARKHA AMIN

YFLO DELHI	NAME
CHAIRPERSON	DR. PAYAL KANODIA
SR. VICE CHAIRPERSON	AARADHANA DALMIA
VICE CHAIRPERSON	TANIA NIJHAWAN
TREASURER	PANKHURI MUKIM NANDY
JT. TREASURER	NEHA JOSHI JAIN
SECRETARY	SANA BECTOR
IMM PAST CHAIR	DIVYA JAIN

AHMEDABAD YFLO	NAME
CHAIRPERSON	MANDIRA SANGHI
SR. VICE CHAIRPERSON	NEHA GOYAL
VICE CHAIRPERSON	SHUMONA AGARWAL
TREASURER	URVIJA SHAH
JT. TREASURER	LAKSHIKA CHOPRA
SECRETARY	SHONDHI AGARWAL
JT. SECRETARY	PRACHEE GOSWAMI
IMM PAST CHAIR	AYUSHI MEHTA

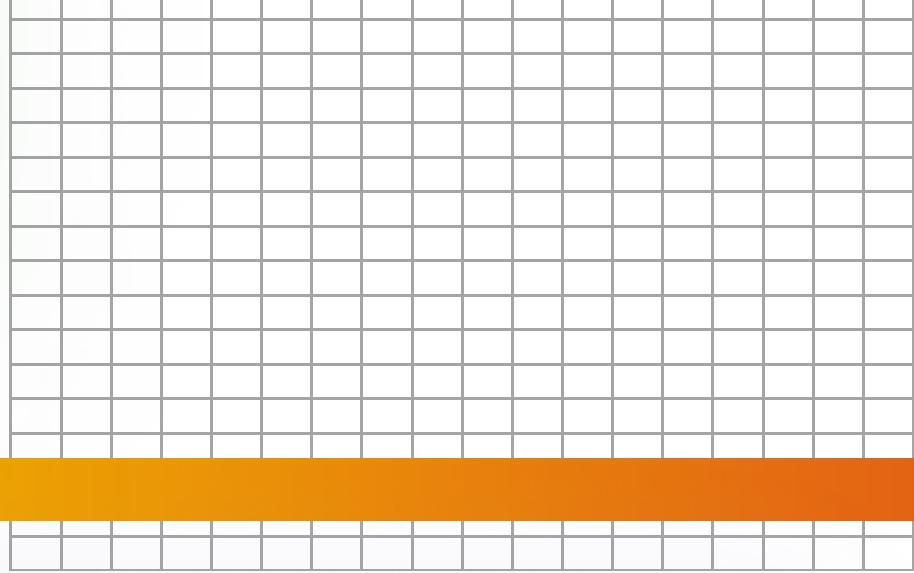
# FLO CHAPTERS

## EXECUTIVE COMMITTEE 2024-25

HYDERABAD YFLO	NAME
CHAIRPERSON	RIDHI JAIN
SR. VICE CHAIRPERSON	PALLAVI JAIN
TREASURER	AKANSHA AGARWAL
JT. TREASURER	KOMAL AGARWALL
SECRETARY	MADHULIKA APPASANI
JT. SECRETARY	KHUSHBOO DAGA
IMM PAST CHAIR	ARTHI SHAH

KOLKATA YFLO	NAME
CHAIRPERSON	VARSHA WADHWA CHIRIMAR
SR. VICE CHAIRPERSON	ANKITA CHITLANGIA
VICE CHAIRPERSON	VIDUSHIE KANDOI
TREASURER	ANISHA JUNEJA
JT. TREASURER	SALONI MOOSADDEE
SECRETARY	SANJANA BHAJANKA
JT. SECRETARY	NIKITA BARDIA
IMM PAST CHAIR	PRIYANKA AGARWAL

# FLO TRIVIA



**India's airline** regulatory body has shared the latest statistics on the strength of pilots in India. As per the latest data, 15% of the pilots in the country are women. According to the Directorate General of Civil Aviation (DGCA), this is three times the global average of 5%.

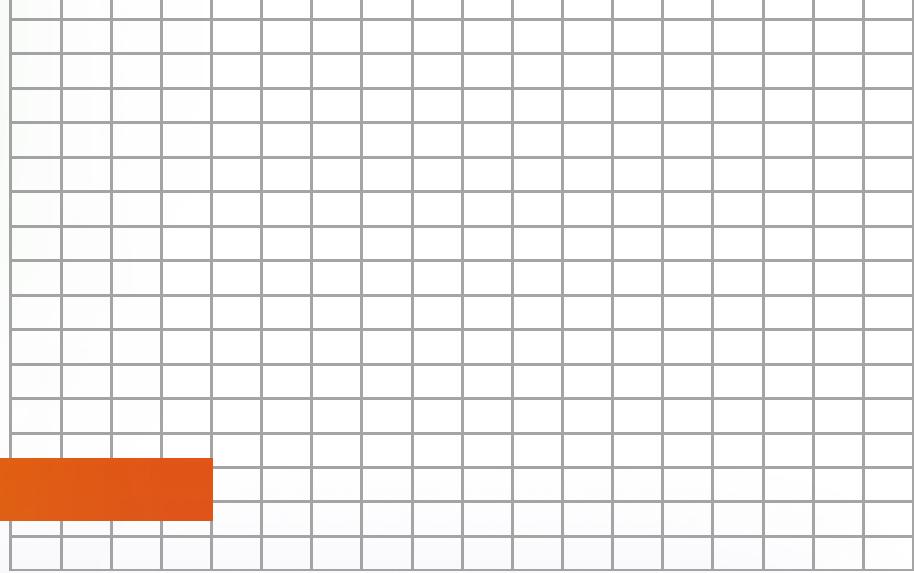
(Source: <https://www.livemint.com/news/india/at-15-india-has-most-number-of-female-pilots-in-the-world-11679622535369.html>)



**A new study** has revealed a troubling gender disparity in India when it comes to coping with extreme heat. Women, according to the analysis, are significantly more vulnerable to extreme temperature conditions compared to men. Since 2005, data shows a concerning rise in heat-related deaths among women in India, said the analysis published in **Significance Magazine**, a journal by Royal Statistical Society.

(Source: <https://rb.gy/mxv7ti>)

# FLO TRIVIA



**Meet Sangeeta Bahl**, The Oldest Indian Woman To Scale Mt. Everest. In a historic moment, Sangeeta Bhal has become the oldest woman to scale the mighty Mt. Everest at the age of 53. Her achievement was applauded by many across social media.

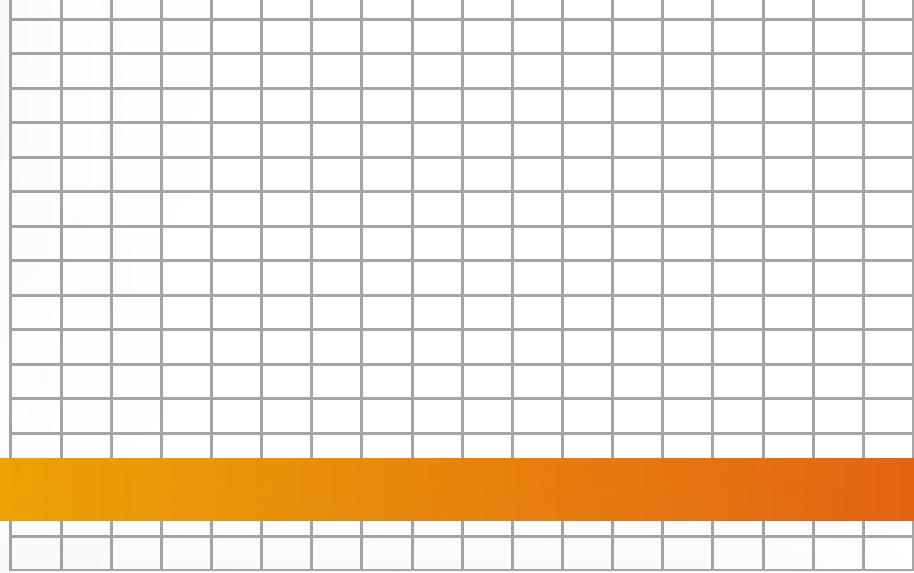
(Source: <https://rb.gy/536430>)



**India's women panchayat leaders** take centre stage at UN. The inspiring stories of India's elected women representatives of the panchayati raj institutions resonated in the hallowed halls of the UN Headquarters as three iconic grassroots leaders took the centre stage on Friday at an event titled 'Localising the SDGs: Women in Local Governance in India Lead the Way'.

(Source: <https://rb.gy/cu13fi>)

# FLO TRIVIA



**29-Year-old** Becomes First American Woman to Race a Sailboat Solo Around the World. Captaining her 40-foot vessel First Light for months, Cole Brauer crossed three oceans and 30,000 miles to arrive at the finish line. She was the only woman who set forth on the Global Solo Challenge.

(Source: <https://rb.gy/a65nif>)

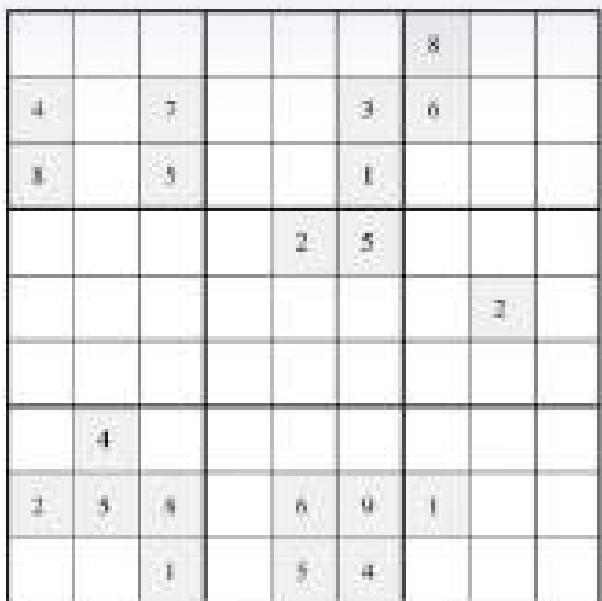


**Deloitte forecasts** that in 2024, for the first time, women's elite sports will generate a revenue that surpasses \$1 billion — a 300% increase on the industry's evaluation in 2021.

(Source: <https://rb.gy/nu8tmw>)

# MENTAL STIMULATION

Fill in the puzzle so that every row across, every column down and every 9 by 9 box contains the numbers 1 to 9



Fill in the missing numbers  
The missing values are the whole numbers between 1 and 25.  
Each number is only used once.  
Each row is a math equation.  
Each column is a math equation.

15	+		-		-	25	+	14	-1
+		-		×		-		-	
4	+		+		+		+		52
-		+		-		11		-	
	+		-		+		10		179
8	+		+		+		+		
	+		-		+		15		
9	+		+		-		-		15
6	+		+		+		+		14
-70	-98	211	5	-31					

# MENTAL STIMULATION

*Find the following words in the puzzle. Words are hidden*

*BIOCON*

*EMCURE*

*LET'SVENTURE*

*LIMEROAD*

*MAMAEARTH*

*NYKAA*

*RIVIGO*

*TIMESAVERZ*

*YOURSTORY*

*ZIVAME*

N	Z	R	K	H	B	M	S	I	L	P	A	E	P	U	B	F	J	A	M	E	S	B
W	N	I	Z	E	A	Y	B	W	R	T	W	K	E	R	U	C	M	E	F	U	X	R
B	G	F	V	K	Q	N	W	K	G	Q	B	V	V	Q	K	H	R	A	K	U	V	Z
I	U	B	N	A	D	V	I	Q	O	A	K	Y	N	U	P	A	R	J	D	X	M	
V	T	V	I	F	M	Z	U	S	B	Y	O	U	R	S	T	O	R	Y	N	S	R	F
S	Z	Y	B	O	R	E	Y	Z	U	P	D	Z	J	J	W	C	P	G	Z	I	Y	Z
N	P	D	Y	Z	C	L	R	H	L	K	F	B	Y	V	M	O	S	A	X	W	T	F
A	U	I	A	U	D	O	U	R	A	B	S	E	I	J	M	R	M	Q	V	B	K	N
O	Q	H	Y	T	T	N	N	Q	N	Q	O	G	V	M	F	I	K	J	P	M	D	O
H	J	B	D	T	E	R	U	T	N	E	V	S	T	E	L	V	D	T	O	A	J	U
X	S	L	I	M	E	R	O	A	D	X	N	K	I	Q	Y	I	D	J	N	U	M	T
I	C	O	S	M	J	Y	S	O	P	O	G	F	E	X	V	G	I	M	O	W	C	X
Z	O	H	I	O	P	J	T	H	F	L	J	X	Q	N	J	O	B	X	C	N	M	G
N	O	O	B	N	Z	H	A	D	Z	R	E	V	A	S	E	M	I	T	Y	R	H	S
K	R	K	L	P	D	I	C	W	Q	C	S	Y	X	K	P	B	Z	Y	W	S	Q	W
P	W	G	R	G	H	T	R	A	E	A	M	A	M	A	I	L	X	A	T	C	H	Y

# SNAP SHOTS



UTTARAKHAND CHAPTER



AHMEDABAD CHAPTER



BANGALORE CHAPTER



CHENNAI CHAPTER



YFLO HYDERABAD



BANGALORE CHAPTER



HYDERABAD CHAPTER

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# SAVE THE DATE AND BOOK YOUR STALLS

Get ready for the vibrant celebration of Indian textiles at the second edition of Anshukam - The FLO Textile and Handloom Festival, scheduled for September 12th, 2024, at The Ashok, New Delhi.

Under the FLO National Initiative- Handloom, Textiles & Handicrafts, we are committed to empowering and supporting artisanal craftsmanship, providing an ecosystem that celebrates their talent and takes them to an international market. With this objective in mind, FLO has established a special vertical for promoting Indian textiles, especially authentic handlooms, and handcrafted garments.

We invite you to showcase your creativity and unique products to our audience. To book your spot or for any queries, please contact Arti Mittal at +919711133124.

Stay tuned for more updates, mark your calendars and get ready to experience the magic of Indian textiles at Anshukam!

